

Watching or Listening to the News Activity

RESIDENT IDENTIFIED KEEPING UP WITH THE NEWS AS A PREFERENCE



Supply Check-list



Assistive devices, as needed:

- Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



Device to watch (or listen to) the news

- TV
- computer or laptop
- tablet, such as an iPad or Kindle
- radio



Feeling Faces Emotion Assessment form



Activity Introduction

[APPROACH] Approach the resident from the front, on eye level, and smile.

[GREET] Greet the resident using their name.

[INTRODUCE] Introduce yourself using your name, and point to yourself.

[ASK] Ask how the resident is doing today.

» Say: "How are you doing today?"

[ASSESS] Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

[RESPOND] Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

Activity Questions

Question Suggestions:

- What do you like about listening to the news?
 - What news stations or channels do you like to listen to?
- What sections of the newspaper were your favorite to read?
- Do you like to listen to the news on the radio?
 - What news stations or channels do you like to listen to?
- What historical event(s) did you witness in your lifetime that made an impact on you?
- Talk about the news broadcast or current events that you have heard about recently.
 - What do you think about [the topic of the news broadcast]?

Activity Instructions

[INTRODUCE] Introduce the activity.

- » Say: "I know it's important for you to keep up with the news. Would you like me to help you watch the news?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

[CHOICE] Ask the resident what network they prefer to watch the news on.

- » Say: "What network do you prefer to watch the news on?"
- » Do: List out the different networks and, if possible, identify the options on the TV as you scroll through them.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that aligns with their preferences.

[BEGIN] Begin watching (or listening to) the news together.

Activity Instructions continued

[ENCOURAGE] Encourage the resident (remember: engagement over correctness).

- » Say: "It's great that you're trying to learn more about current events."
- » Do: Smile and nod, point to the device or news.

[ASK QUESTIONS] See question card for ideas.

[OFFER] Offer to assist the resident with watching the news, if needed.

- » Say: "I will be right here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice, but explain what is going on in the news program you are listening to or watching.

* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

Using the Senses

[SENSE] Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see** and **hear** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **Hear:** Encourage the resident to listen to the news anchor's voice or other sounds that are on the news.

"Can you hear what they're saying?"

» **See:** Encourage the resident to look at the tv or pictures in an online article. Describe it together.

"What was your favorite part of the news? Did you like local or national news?"

"Did you listen to the weather? Did you have a favorite news anchor?"

Activity Closing

[THANK] Thank the resident for doing the activity with you.

[ASK] Ask for feedback:

» Say: How did you feel about watching (or listening to) the news today?

[ASSESS] Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

[ASK] Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

great job!

