

# Theater Activity

RESIDENT IDENTIFIED DOING THEIR FAVORITE ACTIVITIES AS A PREFERENCE,  
SPECIFICALLY ART OR THEATER



# Supply Check-list



Assistive devices, as needed:

- Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



Old play books



Costumes



Props



Feeling Faces Emotion Assessment form



# Activity Introduction

**[APPROACH]** Approach the resident from the front, on eye level, and smile.

**[GREET]** Greet the resident using their name.

**[INTRODUCE]** Introduce yourself using your name, and point to yourself.

**[ASK]** Ask how the resident is doing today.

» Say: "How are you doing today?"

**[ASSESS]** Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

**[RESPOND]** Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

# Activity Questions

## Question Suggestions:

- What do you like about theater?
- Were you in theater growing up?
- Do you have a favorite play or musical to perform in?
  - What do you like about it?
- Do you have a favorite play or musical to watch?
  - What do you like about it?
- Do you have a favorite playwright?
- Do you have a favorite actor or actress that has inspired you?
- Do you have a favorite place to watch or perform theater?
- What does theater remind you of? Do you have any stories?

# Activity Instructions

**[INTRODUCE]** Introduce the activity.

- » Say: "I know it's important for you to do your favorite activities, and that you enjoy art and theater. Would you like me to help you do a performance today?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

**[CHOICE]** Ask the resident what play/musical they would like to perform, based on available options.

- » Say: "Would you like to perform a play or musical?"
- » Say: "Which of these [list available options] would you like to perform?"
- » Do: Show the play/musical booklets that you have access to.
- » Variation: If more help is needed, present the resident with a choice of 2 plays/musicals. If they are unable to choose, then pick one that aligns with the resident's preferences.

# Activity Instructions continued

**[CHOICE]** Ask the resident what props and costume they would like to use/wear.

- » Say: "Would you like to wear [list available options] as a costume for your performance?"
- » Do: Show the options as you offer them.
- » Variation: If more help is needed, present the resident with a choice of 2 costumes/props. If they are unable to choose, then pick one that aligns with the resident's preferences.

**[BEGIN]** Begin acting with the resident.

**[ENCOURAGE]** Encourage the resident (remember: engagement over correctness).

- » Say: "You're a wonderful actor!" or "I'm really enjoying your performance!"
- » Do: Smile and nod.

# Activity Instructions continued

**[ASK QUESTIONS]** See question card for ideas.

**[OFFER]** Offer to assist the resident with the activity, if needed.

- » Say: "I will be here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If performing a musical and the resident is struggling to sing along, play the soundtrack from the musical (you can use YouTube for this).

\* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

# Using the Senses

**[SENSE]** Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see**, **touch**, and **hear** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at the activity materials; notice their colors and textures.

"What do you think of these props/costumes? Do you like the colors/patterns/textures?"

Do you have a favorite? Do they remind you of anything?"

» **Touch:** Encourage the resident to touch the activity materials.

"Can you feel the different textures of the props/costumes? What do they feel like? Can you describe it? Do you like that feeling?"

» **Hear:** If there is music or sound effects that can be played to go with the performance, encourage the resident to listen to it. Describe the sounds together.

"Do you hear the [music/sound]? What does it sound like? Does it remind you of a play or musical?"



# Activity Closing

**[THANK]** Thank the resident for doing the activity with you.

**[ASK]** Ask for feedback:

» Say: How did you feel about acting today?

**[ASSESS]** Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

**[ASK]** Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

*great job!*

