

Safety of Belongings Activity

RESIDENT IDENTIFIED KEEPING THEIR BELONGINGS SAFE AS A
PREFERENCE



Supply Check-list



Assistive devices, as needed:

- Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



The resident's belongings



Feeling Faces Emotion Assessment form



Activity Introduction

[APPROACH] Approach the resident from the front, on eye level, and smile.

[GREET] Greet the resident using their name.

[INTRODUCE] Introduce yourself using your name, and point to yourself.

[ASK] Ask how the resident is doing today.

» Say: "How are you doing today?"

[ASSESS] Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

[RESPOND] Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

Activity Questions

Question Suggestions:

- What makes this item so special to you?
- Do you have a story behind this item?
- Have these items always been special to you?
- Why did you choose this place for your item?
- Is this how you like to have your room setup?
- Make personal connections with the resident.
 - For example, talk about your personal belongings and things you like to check on.

Activity Instructions

[INTRODUCE] Introduce the personal care activity.

- » Say: "I know it's important to you to keep your things safe. Would you like me to help you check on your things?"
- » Do: Gesture 'you' (point to person) and 'I' (point to self). Point to the resident's things or a picture of the activity.

[CHOICE] Ask the resident which item(s) they want to check on.

- » Say: "What personal belonging(s) do you want to check on today?"
- » Do: Offer different belongings and point to them as you list them.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that aligns with their preferences.

[BEGIN] Begin checking on the resident's belongings with them.

Activity Instructions continued

[ENCOURAGE] Encourage the resident (remember: engagement over correctness).

- » Say: "That seems like a great place for [the item name]!" or "See, [the item name] is right here where you left it; it's safe."
- » Do: Smile and nod, point to the item or item location.

[ASK QUESTIONS] See question card for ideas.

[OFFER] Offer to assist the resident with the activity, if needed.

- » Say: "I will be here if you need any help going through your items."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice, but support them in looking for/at their items.

* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

Using the Senses

[SENSE] Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see** and **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at their belongings and describe where they are and what they look like.

"What do your belongings look like? Do you like where you put it?"

» **Touch:** Encourage the resident to touch their belongings.

"Can you feel/hold your belongings? Do they feel the same as how you remember them? Do these belongings remind you of anything?"

Activity Closing

[THANK] Thank the resident for doing the activity with you.

[ASK] Ask for feedback:

» Say: How did you feel about checking on your belongings today?

[ASSESS] Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

[ASK] Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

great job!

