

# Online Window Shopping Activity

RESIDENT IDENTIFIED DOING THEIR FAVORITE ACTIVITIES AS A PREFERENCE,  
SPECIFICALLY SHOPPING



# Supply Check-list



Assistive devices, as needed:

- Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



Device to do online window shopping

- tablet, such as an iPad
- computer or laptop



Feeling Faces Emotion Assessment form



# Activity Introduction

**[APPROACH]** Approach the resident from the front, on eye level, and smile.

**[GREET]** Greet the resident using their name.

**[INTRODUCE]** Introduce yourself using your name, and point to yourself.

**[ASK]** Ask how the resident is doing today.

» Say: "How are you doing today?"

**[ASSESS]** Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

**[RESPOND]** Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

# Activity Questions

## Question Suggestions:

- What do you like about shopping?
- Do you have a favorite store you like to shop at?
  - Why is it your favorite?
- Do you have a special memory from shopping?
- Is there someone you always liked shopping with?

## Activity-related Questions:

- Is there something you are looking for today?
- Are you looking to get someone a gift/present?
- Do you like online window shopping?

# Activity Instructions

**[INTRODUCE]** Introduce the activity.

- » Say: "I know it's important for you to do your favorite activities, and that you enjoy shopping. Would you like me to help you online window shop today?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

**[CHOICE]** Ask the resident what online store they would like to shop at.

- » Say: "What online store would you like to shop at?"
- » Do: List stores that the resident may be interested in shopping at.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that aligns with their preferences.

**[CHOICE]** Ask the resident what they would like to shop for.

- » Say: "What are you interested in shopping for?"
- » Do: Help the resident to navigate the website and find what they are looking for.
- » Variation: If more help is needed, pick out 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that aligns with their preferences.

**[BEGIN]** Begin online window shopping with the resident.

# Activity Instructions continued

**[ENCOURAGE]** Encourage the resident (remember: engagement over correctness).

- » Say: "You've got an amazing sense of style!" or "I love what you've picked out."
- » Do: Smile and nod.

**[ASK QUESTIONS]** See question card for ideas.

**[OFFER]** Offer to assist the resident with the activity, if needed.

- » Say: "I will be right here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice but support their hand or allow their hand to guide you around the website.

**\* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).**

# Using the Senses

**[SENSE]** Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see** and **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at the websites.

"What do you think of the items this website is selling? Would you buy them? Does anything about the website stand out to you?"

» **Touch:** Encourage the resident to touch the device they are using.

"What does the device feel like? Do you like how it feels? Do you like using a device to look for things to buy?"

# Activity Closing

**[THANK]** Thank the resident for doing the activity with you.

**[ASK]** Ask for feedback:

» Say: How did you feel about online shopping today?

**[ASSESS]** Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

**[ASK]** Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

*great job!*



