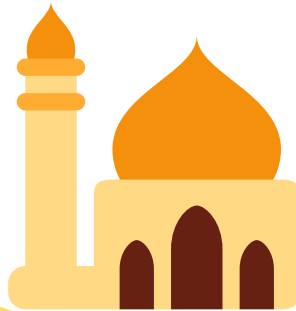


# Listening to a Religious Service Activity

RESIDENT IDENTIFIED PARTICIPATING IN RELIGIOUS SERVICES OR PRACTICES AS A PREFERENCE



# Supply Check-list

- Assistive devices, as needed:
  - Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices
- Wipes
- Device to play music
  - tablet, such as an iPad
  - computer or laptop
  - iPhone or iPod
  - tape / cassette player
  - TV
- Headphones
- Religious items that the resident might like to hold or interact with
  - Rosary, prayer cards, Bible/Koran/Torah/etc, personal religious item
- Feeling Faces Emotion Assessment form

# Activity Introduction

**[APPROACH]** Approach the resident from the front, on eye level, and smile.

**[GREET]** Greet the resident using their name.

**[INTRODUCE]** Introduce yourself using your name, and point to yourself.

**[ASK]** Ask how the resident is doing today.

» Say: "How are you doing today?"

**[ASSESS]** Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

**[RESPOND]** Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

# Activity Questions

## Question Suggestions:

- What do you like about listening to religious services?
- How does listening to religious services help you?
- Have you always been religious?
- What do you like about your religion?
- Do you have a favorite religious holiday?
  - How do you usually celebrate? With whom?

## Activity-related Questions:

- What did you think of today's service?
  - Did it remind you of anything?
- Ask questions based on the content.

# Activity Instructions

**[INTRODUCE]** Introduce the activity.

- » Say: "I know your religious practices are important to you. Would you like me to help you listen to a religious service?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

**[CHOICE]** Ask the resident what type of device they would like to listen to the service on. Only offer the available options.

- » Say: "Would you like to listen to the service on [list 2-3 devices]?"
- » Variation: If the resident is unable to decide on a device to listen to, pick one that aligns with their preferences.

**[CHOICE]** Ask the resident which service they would like to listen to.

- » Say: "Would you like to listen to a service about [topic] or [topic]?"
- » Variation: If the resident is unable to decide on a topic, pick one that aligns with their preferences.

# Activity Instructions continued

**[BEGIN]** Begin listening to the religious service with the resident.

**[ENCOURAGE]** Encourage the resident (remember: engagement over correctness).

- » Say: "I can see you're enjoying the service!"
- » Do: Smile and nod.

**[ASK QUESTIONS]** See question card for ideas.

**[OFFER]** Offer to assist the resident with the activity, if needed.

- » Say: "I will be here if you need any help."
- » Do: Observe the resident if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice and use any special religious items to promote engagement.

\* If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

# Using the Senses

**[SENSE]** Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **hear** or **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

- » **Hear:** Encourage the resident to listen to the service and describe it together.
  - » "Do you understand what the service is about? Does listening to religious services remind you of anything? Do you have a favorite memory of listening to services?"
  
- » **Touch:** Encourage the resident to hold and touch their religious item while listening to the service.
  - » "What does this item remind you of? How do you feel when holding the item?"

# Activity Closing

**[THANK]** Thank the resident for doing the activity with you.

**[ASK]** Ask for feedback:

» Say: "How did you feel about listening to your religious service today?"

**[ASSESS]** Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

**[ASK]** Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

*great job!*



