Jewelry Making Activity

RESIDENT IDENTIFIED DOING THEIR FAVORITE ACTIVITIES AS A PREFERENCE,

SPECIFICALLY MAKING JEWELRY



Supply Check-list



Assistive devices, as needed:

 Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



Elastic clear string



Jewelry wire, cord, or string



Needle nose pliers, round nose pliers, cutter pliers



Jewelry jump rings & clasps



Earring hooks



Tweezers



An assortment of beads



Feeling Faces Emotion Assessment form



Activity Introduction

[APPROACH] Approach the resident from the front, on eye level, and smile.

IGREET] Greet the resident using their name.

[INTRODUCE] Introduce yourself using your name, and point to yourself.

[ASK] Ask how the resident is doing today.

» Say: "How are you doing today?"

[ASSESS] Complete the 'before' portion of the Emotion Assessment form.

- » Say: "Which face shows how you feel right now?"
- » Do: Present the resident with the Emotion Assessment 'before' Feeling Faces.

[RESPOND] Respond to and validate their response.

- » Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."
- » Do: Address the person's needs, if applicable.

Activity Questions

Question Suggestions:

- What do you like about making jewelry?
- Have you ever sold a piece of jewelry you made?
- What is your favorite kind of jewelry to make?
 - Why is that your favorite jewelry to make?
- Do you have bead colors you prefer to use?
- Are you making this piece of jewelry for someone?
- Do you have a favorite memory about making jewelry?
- What's your favorite piece of jewelry to wear?

Activity Instructions

[INTRODUCE] Introduce the activity.

- » Say: "I know it's important for you to do your favorite activities, and that you enjoy making jewelry. Would you like me to help you make some jewelry today?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

[CHOICE] Ask the resident what type of jewelry they would like to make.

- » Say: "Do you want to make a necklace, bracelet, or earrings?"
- » Do: Once the resident makes a decision, measure their neck or wrist to get a good length/size.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one that matches their preferences.

[CHOICE] Ask the resident what materials they would like to use for their jewelry.

- » Say: "Do you want elastic, string, or wire for your [necklace/bracelet/earrings]?"
- » Say: "What beads would you like to use for your [necklace/bracelet/earrings]?"
- » Do: Lay out the supplies and beads, or put them in an order.
- » Variation: If more help is needed, give suggestions to the resident. If they are unable to choose, then pick materials that match the resident's preferences.

Activity Instructions continued

[BEGIN] Begin jewelry making with the resident.

[ENCOURAGE] Encourage the resident (remember: engagement over correctness).

- » Say: "You've got a great eye for jewelry-making." or "I love what you've created!"
- » Do: Smile and nod, point to the jewelry.

[ASK QUESTIONS] See question card for ideas.

[OFFER] Offer to assist the resident with the activity, if needed.

- » Say: "I will be here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, guide the resident's hands. Some residents may need you to do fine motor tasks for them, but continue to encourage choice.
- * If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

Using the Senses

[SENSE] Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see** and **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

- See: Encourage the resident to look at the beads and other jewelry supplies.
 "What do you think of these supplies? Do you like the colors of the beads?
 Do you have a favorite? Do they remind you of anything?"
- **» Touch:** Encourage the resident to touch the beads.
 - "Can you feel the different textures of the beads? What do they feel like? Can you describe it? Do you like that feeling? Does it remind you of anything?"

Activity Closing

[THANK] Thank the resident for doing the activity with you.

[ASK] Ask for feedback:

» Say: How did you feel about making jewelry today?

[ASSESS] Complete the 'after' portion of the Emotion Assessment form

- » Say: "Which face shows how you feel right now?"
- » Do: Present the resident with the Emotion Assessment 'after' Feeling Faces.

[ASK] Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.



