

# Crafting Activity

RESIDENT IDENTIFIED DOING THEIR FAVORITE ACTIVITIES AS A PREFERENCE,  
SPECIFICALLY ART OR CRAFTING



# Supply Check-list

- Assistive devices, as needed:
  - Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices
- Wipes
- Apron(s)
- Any necessary supplies for the craft you've chosen
  - for this IPPI it is suggested that you choose a craft based on the resident's interests and ability, as well as your interests. The craft can be anything!
- Feeling Faces Emotion Assessment form



# Activity Introduction

**[APPROACH]** Approach the resident from the front, on eye level, and smile.

**[GREET]** Greet the resident using their name.

**[INTRODUCE]** Introduce yourself using your name, and point to yourself.

**[ASK]** Ask how the resident is doing today.

» Say: "How are you doing today?"

**[ASSESS]** Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

**[RESPOND]** Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

# Activity Questions

## Question Suggestions:

- What do you like about crafting?
- What are your favorite kinds of craft projects?
  - Offer suggestions if needed, i.e. working with clay, sewing, knitting, cross-stitching, making jewelry, painting, wood working, DIY projects, paper crafts, etc.
  - Why is it your favorite?
- Do you like doing other craft projects?
- What materials are your favorite to use when you are crafting?
  - What do you like about working with those materials?
- Does this activity remind you of anything?
- Did you enjoy making crafts when you were younger?

# Activity Instructions

**[INTRODUCE]** Introduce the activity.

- » Say: "I know it's important for you to do your favorite activities, and that you enjoy doing crafts. Would you like me to help you craft today?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

**[CHOICE]** Ask the resident what materials they would like to use.

- » Say: "What materials do you want to use in your craft?"
- » Do: Lay out the materials so the resident can see and reach them. Point to the materials as you offer them.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one yourself.

**[BEGIN]** Begin crafting with the resident.

# Activity Instructions continued

**[ENCOURAGE]** Encourage the resident (remember: engagement over correctness).

- » Say: "You're a very talented artist!" or "This is a beautiful creation."
- » Do: Smile and nod, point to the craft.
- » Variation: Some residents prefer to create abstract art (such as dots, shapes, lines, etc.). It isn't about what they make, it's about them enjoying themselves and feeling in control.

**[ASK QUESTIONS]** See question card for ideas.

**[OFFER]** Offer to assist the resident with the activity, if needed.

- » Say: "I will be right here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice, support their hand or allow their hand to guide you.
- » Variation: Some residents may need you to do fine motor tasks for them, such as cutting or gluing, however, continue to encourage choice.

**\*** If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

# Using the Senses

**[SENSE]** Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see**, **touch**, and **smell** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at the crafting materials, notice their colors, patterns, and textures.

"What do the materials look like?

Do you like the colors/patterns/textures?

Do any of the colors/patterns/textures remind you of something?"

» **Touch:** Encourage the resident to touch the crafting materials, notice the textures.

"What do the different textures feel like?

Do you like that feeling?

Does this texture remind you of anything?"

» **Smell:** If applicable, encourage the resident to smell any relevant crafting materials.

"What does the [material] smell like? Do you like the smell? Does it remind you of anything?"

# Activity Closing

**[THANK]** Thank the resident for doing the activity with you.

**[ASK]** Ask for feedback:

» Say: How did you feel about the craft activity today?

**[ASSESS]** Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

**[ASK]** Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

*great job!*



