

Collaging Activity

RESIDENT IDENTIFIED DOING THEIR FAVORITE ACTIVITIES AS A PREFERENCE,
SPECIFICALLY ART OR COLLAGING



Supply Check-list



Assistive devices, as needed:

- Resident's glasses or magnifying glass, hearing aids, walker, or other assistive devices



Wipes



Mod Podge, liquid glue, glue sticks



Paint brush or sponge applicator



Scissors, crazy scissors



Canvas or paper



Paper supplies

- A wide variety of pre-cut pieces of cardstock, construction paper, patterned paper, tissue paper, cardboard, old photos, newspapers, and magazines.



Supply Check-list continued



Miscellaneous supplies

- Stickers, glitter, ribbon, twine, fabric (you can even cut up old clothes), felt, stamps & ink, feathers.



Apron(s)



Feeling Faces Emotion Assessment form



Activity Introduction

[APPROACH] Approach the resident from the front, on eye level, and smile.

[GREET] Greet the resident using their name.

[INTRODUCE] Introduce yourself using your name, and point to yourself.

[ASK] Ask how the resident is doing today.

» Say: "How are you doing today?"

[ASSESS] Complete the '**before**' portion of the Emotion Assessment form.

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**before**' Feeling Faces.

[RESPOND] Respond to and validate their response.

» Say: "So glad to hear you're well today." or "I'm sorry you're not feeling well."

» Do: Address the person's needs, if applicable.

Activity Questions

Question Suggestions:

- What do you like about collaging?
- What inspires you to collage?
- What materials are your favorite to use when you make collages?
- Is there a subject you like to collage? (i.e. animals, nature, landscapes, etc.)
- Does this remind you of anything?
- Did you enjoy making collages when you were younger?
- Do you like doing other crafts?

Activity Instructions

[INTRODUCE] Introduce the activity.

- » Say: "I know it's important for you to do your favorite activities, and that you enjoy doing crafts. Would you like me to help you collage today?"
- » Do: Show the resident the materials you will be using and explain how they work, if needed.

[CHOICE] Ask the resident what materials they would like to use.

- » Say: "What materials do you want to use in your collage?"
- » Do: Lay out the materials so the resident can see and reach them. Point to the materials as you offer them.
- » Variation: If more help is needed, only present 2 options at once, as to not overwhelm the resident. If they are unable to choose, then pick one yourself.

[BEGIN] Begin collaging with the resident.

Activity Instructions continued

[ENCOURAGE] Encourage the resident (remember: engagement over correctness).

- » Say: "You're a very talented artist!" or "This is a beautiful collage."
- » Do: Smile and nod, point to the collage.
- » Variation: Some residents prefer to create abstract art (such as dots, shapes, lines, etc.). It isn't about what they make, it's about them enjoying themselves and feeling in control.

[ASK QUESTIONS] See question card for ideas.

[OFFER] Offer to assist the resident with the activity, if needed.

- » Say: "I will be right here if you need any help."
- » Do: Observe the resident and if they are struggling, offer to help.
- » Variation: If more help is needed, continue to encourage choice, support their hand or allow their hand to guide you.
- » Variation: Some residents may need you to do fine motor tasks for them, such as cutting or gluing, however, continue to encourage choice.

***** If the resident is struggling with the activity, simplify questions and/or engage more with sense (see next page).

Using the Senses

[SENSE] Engage the resident by using prompts, such as questions or gestures, relating to the five senses. Encourage the resident to **see** and **touch** during the activity, for a sensory experience.

(Tip: Participate with the resident, you can answer these questions too).

» **See:** Encourage the resident to look at the collaging materials, notice their colors, patterns, and textures.

“What do the materials look like?

Do you like the colors/patterns/textures?

Do any of the colors/patterns/textures remind you of something?”

» **Touch:** Encourage the resident to touch the collaging materials, notice the textures.

“What do the different textures feel like?

Do you like that feeling?

Does this texture remind you of anything?”

Activity Closing

[THANK] Thank the resident for doing the activity with you.

[ASK] Ask for feedback:

» Say: How did you feel about collaging today?

[ASSESS] Complete the '**after**' portion of the Emotion Assessment form

» Say: "Which face shows how you feel right now?"

» Do: Present the resident with the Emotion Assessment '**after**' Feeling Faces.

[ASK] Ask if the resident needs anything before you leave and wipe down materials before storing the supplies.

great job!

